



I AM AN OVERCOMER

1 John 5:4, 1 Samuel 17

“Greatness is not measured by what a man or woman accomplishes, but by the opposition he or she has overcome to reach his or her goals.” Dorothy Height

LESSON AIM-To inspire believers that through God’s power and human will, they can overcome any challenge or obstacle.

OVERCOME: “To conquer or defeat” ... “To gain victory over something”

WE ARE CALLED TO OVERCOME:

Destructional Habits
Spiritual Strongholds
Generational Cycles
Past Pain
Life Crisis
Relationship Storms
Character Challenges
Emotional Scars

AN OVERCOMER’S STORY: DAVID & GOLIATH

THE OVERCOMER’S CHALLENGE

- **The Size of Goliath v.4:** During that time the average man’s height was 5 feet. Goliath stood over 9 feet.
- **The Shout of Goliath vv. 8-10:** Goliath came twice a week for six weeks, standing in the valley and shouting out his challenge every morning and every night.

THE OVERCOMER’S CHARACTER

- **The Conviction of David v. 26**
- **The Courage of David v. 28-29**
- **The Confidence of David v. 33**

HOW TO BE AN OVERCOMER

◆ REFUSE TO BE DISCOURAGED BY OTHERS vv. 26-28

We can’t always count on those we look up to for support. Whenever you want to do something great for God, get ready for someone to give you all the reasons you will fail. Don’t let criticism and discouragement keep you from overcoming.

◆ **REINFORCE YOUR FOCUS ON GOD vv. 26-47**

DAVID'S STATEMENT'S ABOUT GOD

"The armies of the living God" v. 26

"The Lord of host, the God of the armies of Israel" v. 45

"The Lord will deliver you into my hand...that all the earth may know that there is a God in Israel." v. 46

"The Lord does not save with sword and spear; for the battle is the Lords, and He will give you into our hands."

v. 47

FOCUS ON YOUR GIANTS=YOU WILL STUMBLE

FOCUS ON YOUR GOD=YOUR GIANTS WILL TUMBLE

◆ **REFLECT ON YOUR PREVIOUS VICTORIES vv. 34-37**

David leaned on his past experience to encourage his future. Who I know helps me to handle what I don't know!

◆ **REMEMBER FOR WHOM YOU ARE FIGHTING 45-47**

Remember you can find strength in every situation by remembering whom you are fighting for.

◆ **RUN TOWARD YOUR PROBLEMS, NOT AWAY FROM THEM v. 48**

Ignoring, denying, postponing your problems is never an answer. David's example shows us to embrace, confront, and run toward our problems!