

Holman Street Baptist Church

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OVERCOMER

Overcoming Worry

1 John 5:4, Proverbs 12:25

LESSON AIM-To inspire believers that through God's power and human will, they can overcome any challenge or obstacle.

OVERCOME: To conquer or defeat, To gain victory over something

WORRY: a disquieted uneasiness of mind, an anxious apprehension concerning an impending or anticipated situation; fretting about a foreboding misfortune or failure.

WE WORRY OVER:

- Daily provision
- Employment
- Future
- Life and death
- Health
- Personal relationships-(Husbands, Wives, Children)
- Pleasing people
- Finances, interest rates, stock-market

RESULTS OF WORRY

- Ulcers
- Heart Disease
- Premature Aging
- Nervous Breakdown
- Depression

The Antidote to Worry is PEACE

Peace: tranquility, a settled spirit in adversity

THE SOURCE OF PEACE

The peace of God is not obtainable by those who are not at peace with Him. God alone brings peace.

- John 14:27
- Philippians 4:9

THE GIVER OF PEACE

The Holy Spirit is the Giver of this peace, and He dispenses it as a gift. The Holy Spirit's ministry is to take the things of Christ and give them us.

- John 16:14
- Galatians 5:22

THE RESULT OF PEACE

The peace He gives has to be received and applied in our lives. If we lay hold of the promise of the very peace of Christ, we will have calm, untroubled hearts, regardless of external circumstances.

- John 14:27

THE OVERCOMER'S PEACE

- GOD'S PEACE WILL HELP ME MAKE THE RIGHT DECISION Colossians 3:15
- GOD'S PEACE WILL SAFEGUARD MY HEART-Philippians 4:7
- GOD'S PEACE WILL KEEP ME IN DIFFICULT TIMES-Isaiah 26:3
- GOD'S PEACE HELPS ME WHEN I AM IN A STORM-Mark 4:35-41

SCRIPTURAL DECLARATIONS OF PEACE

- Matt 6:25-34
- Psalms 37:1-7
- 1 Peter 5:7
- Phil 4:6-7
- Ps 62:8
- Ps 55:22
- Ps 121:1
- Rom 8:28