

Lesson 1

PRAYER IS THE KEY



(Basic Fundamentals of Prayer)

What Do You Know About Prayer?

Please answer the questions (True/False) to assess your prayer knowledge and identify areas to work on.

- _____ 1. Prayer is talking to God.
- _____ 2. Prayer is an expectation of God.
- _____ 3. Anyone can talk to God.
- _____ 4. You must pray every 8 hours.
- _____ 5. When you pray, your eyes should be closed.
- _____ 6. It is ok to pray about everything.
- _____ 7. You have to be in a certain posture for prayer to be effective.
- _____ 8. Prayer is a matter of the heart, more than a matter of words.
- _____ 9. When you pray specifically, you will receive specific answers.
- _____ 10. Prayer can and will empower Christians and lift them above their problems.

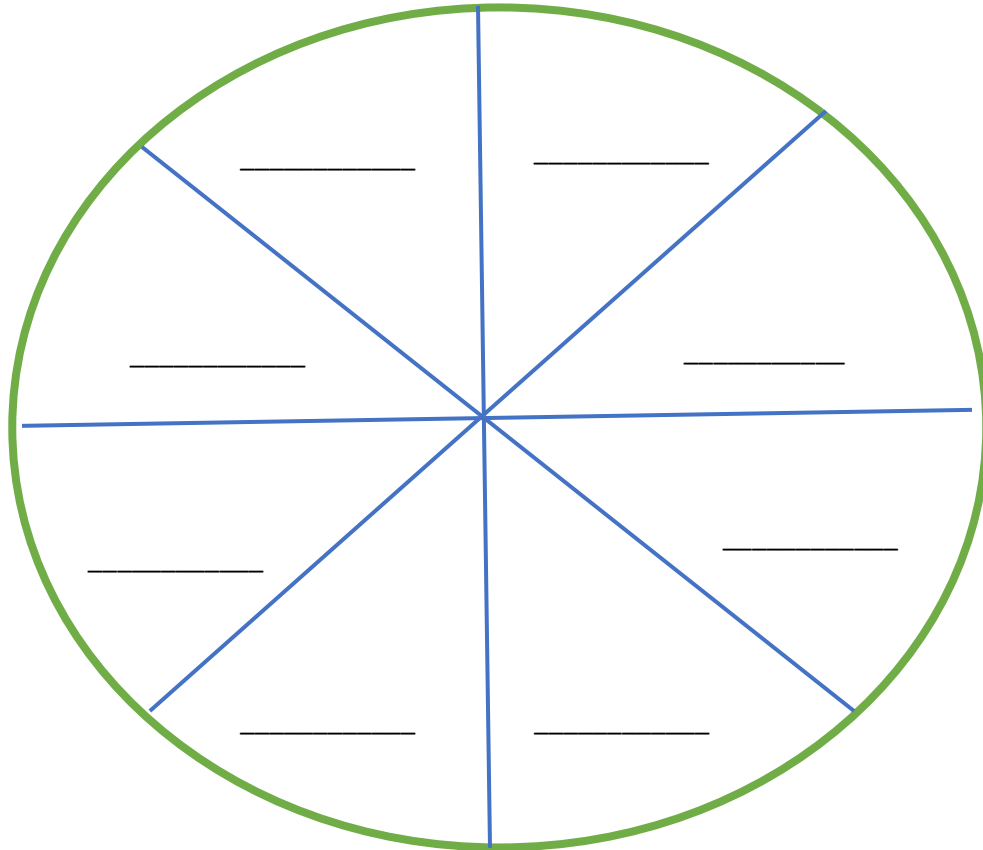
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Lesson 1

Basic Fundamentals of Prayer
Your Life in 24 Hours



How are you spending your time? Identify in the circle below the things you do and the amount of time (number of hours or % of time) you spend in each.



After completing the circle is there anything you want to change and or add?

New Time Allocation	Current Activity or Add New Activity

Lesson 1

Prayer



P _____

R _____

A _____

Y _____

E _____

R _____

